Session Summary:

Most of us think of conflict as something to be avoided to the greatest extent possible. Faced with conflict, our wellbeing suffers. We lose sleep, stress levels increase and productivity decreases. Unfortunately, unaddressed conflict rarely disappears. By enhancing competency around conflict, the University can advance its goal of establishing a campus climate in which everyone is treated with respect and empowered to do their best work. This program highlights some simple tools for changing problematic dynamics and achieving better outcomes in difficult situations.

9:00 - 9:05 a.m. **Introductions, Overview, and Objectives**
*Ann Clements, Assistant Vice Provost for Faculty Affairs – Faculty Development*

9:05 – 9:55 a.m. **Developing Conflict Competency: Moving from Avoidance to Opportunity**
*Julie Showers, SPHR, JD, Conflict Resolution and Human Resources Consultant, Showers Consulting and the University of Minnesota Law School*

*Julie Showers is a conflict resolution expert with extensive leadership experience in private practice, corporate sector, higher education and non-profit organizations. She specializes in conflict competency consulting to help teams and individuals enact proactive approaches and to develop effective intervention and remediation skills to address conflict in the workplace.*

9:55 - 10:05 a.m. **Q&A**

10:05 – 10:25 a.m. **Breakout Groups and Discussion**

10:25 - 10:30 a.m. **Wrap Up and Final Thoughts**
*Ann Clements, Assistant Vice Provost for Faculty Affairs – Faculty Development*